



Could your child benefit from Occupational Therapy?

Occupational Therapy focuses on helping individuals succeed in anything that **occupies** their time. For children, these areas are: play skills, school participation, social interaction, feeding, dressing, toileting, other self-care skills, etc!

If you notice any of the following challenges with your child, an evaluation with occupational therapy may be beneficial to increase their success and independence across environments

- Struggling with fine motor skills - scissors, buttons/snaps/zippers, opening items, difficulty engaging with toys
- Challenges with self-regulation, anxiety, big reactions/emotions
- Seeking intense movement, spinning, jumping
- Avoiding certain textures, environments, movements
- W sitting
- Challenges with handwriting
- Difficulty with bilateral integration, or using each hand for different tasks (i.e. does not support page when coloring/writing)
- Difficulty sitting still, poor attention
- Toe walking
- Executive functioning challenges (problem-solving, planning, organizing)
- Clumsy, bumping into things, tripping
- Poor posture, slouching, quick to fatigue
- Poor bowel/bladder control or awareness
- Difficulty sequencing motor tasks
- Problems with sleep
- Challenges with reading
- Challenges with visual skills, such as tracking, eye contact, finding objects in a busy environment, catching a ball, shifting gaze from desk to board in classroom
- Difficulty gathering social information from visual system
- Infants: poor regulation, dislike of tummy time, torticollis, not crawling
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Reach out to your child's teacher or directly to our office if you feel your child could benefit from Occupational Therapy at Orchard Hill!

Could your child benefit from Speech-Language Therapy?



Speech-Language Therapy focuses on helping children communicate effectively. We can also help with Orofacial Myofunctional concerns, which can contribute to speech deficits.

If you notice any of the following challenges with your child, an evaluation with speech-language therapy may be beneficial to improve functional abilities for proper breathing, eating, sleeping and communicative success.

- Difficulty producing age-appropriate speech sounds
- Speaking too quickly to be understood by others
- Frustration when speech is not understood by others
- Stuttering
- Limited use of language
- Reduced vocabulary
- Errors when speaking in sentences
- Difficulty following directions or understanding spoken information
- Difficulty with age-appropriate play skills
- Difficulty with social skills
- Mouth breathing
- Snoring / poor sleep
- Drooling
- Messy eating
- Picky eater
- Tongue thrust when speaking or swallowing

Reach out to your child's teacher or directly to our office if you feel your child could benefit from Speech Therapy at Orchard Hill!