

the
FRUIT
of the Spirit

printables to pair with

ACTIVITIES



The Fruit of the Spirit Family Bible Pack
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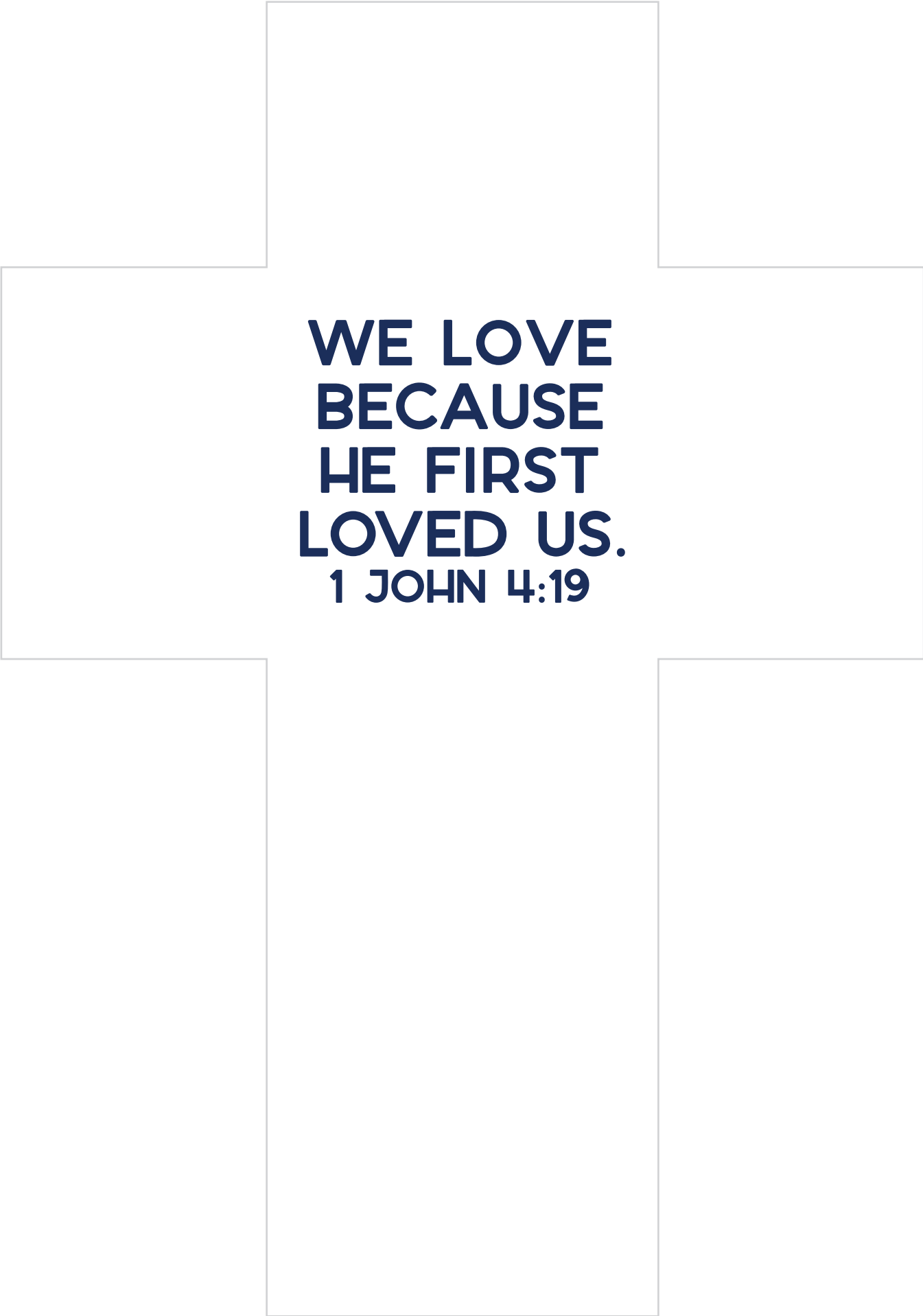
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For more tools to point your kids to Jesus, connect as a family, and celebrate the everyday moments of life, visit www.thelittlesandme.com

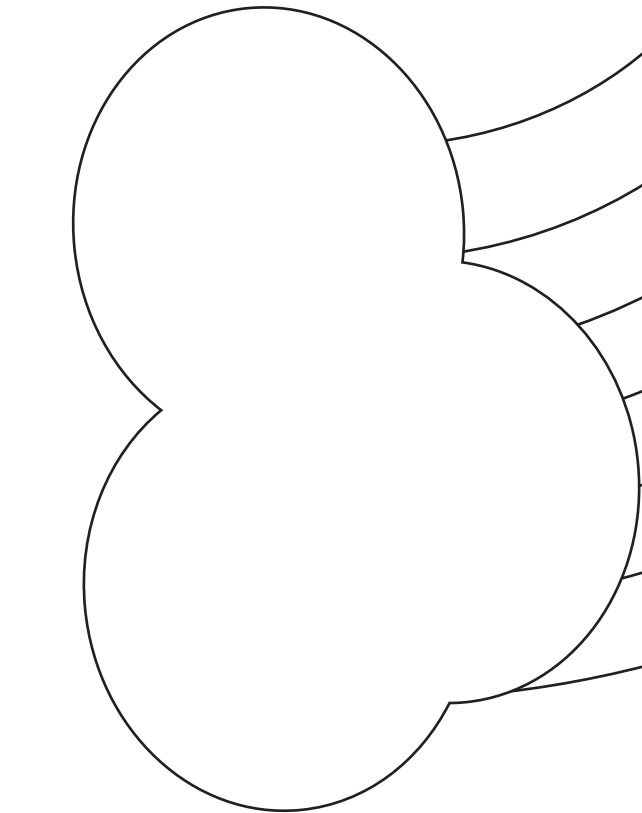
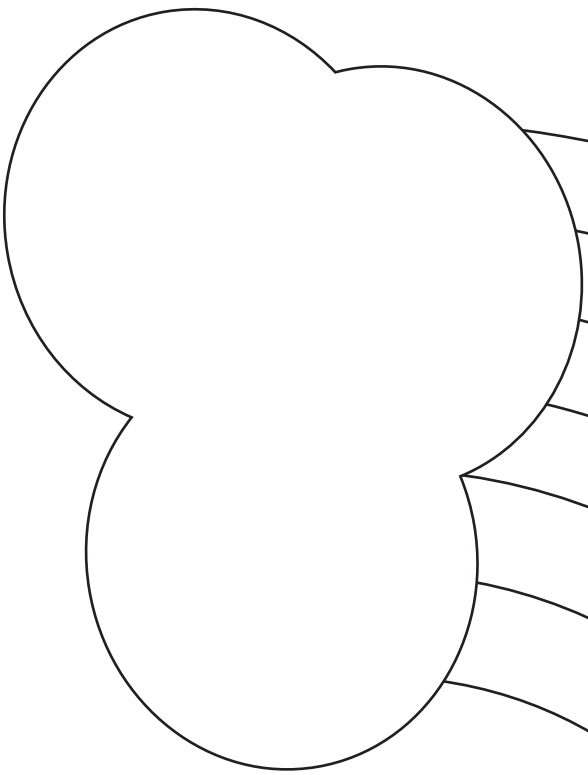


**TASTE AND SEE
THAT THE
LORD IS GOOD**

PSALM 34:8



**WE LOVE
BECAUSE
HE FIRST
LOVED US.
1 JOHN 4:19**



God always keeps His promises

GENTLE WORDS JAR LABEL

Print on cardstock or sticker paper, cut out on the grey line, and attach to a jar.
Find the full instructions for how to use this activity on the gentleness sheet.



SELF-CONTROL REMINDER PRINT

(use with self-control)

STOP
THINK
& PRAY
for help to obey

MAIL A LETTER CARD INSERT

(use with patience)

We are learning all about patience and how to wait with a cheerful heart. One of the ways we are learning this in a hands on way is by sending a letter and seeing how long it takes to receive one back. Would you please mail a card or letter back so we can practice waiting patiently to receive mail back from you?

Thank You!

KINDNESS

in action



- 1 Create & deliver a snack box (with prepackaged snacks) to your local fire or police station
- 2 Send a “just because” card to let someone know you were thinking about them
- 3 Leave a surprise in your mailbox for your mail carrier
- 4 Deliver cold water bottles to construction workers in your community
- 5 Write kind words on rocks and leave them at the park
- 6 Donate toys & books to a local charity
- 7 Call a grandparent just to say hi
- 8 Write thank you notes or put together care packages for those who are serving our country in the military
- 9 Give a compliment to as many people as you can
- 10 Do a chore for a sibling
- 11 Create encouraging bookmarks to put in library books
- 12 Donate kids craft kits to a local children’s hospital
- 13 Take dinner to a friend or neighbor
- 14 Bring bubbles to the park and extras to share with other kids
- 15 Smile and say hello to everyone you see today
- 16 Send dessert to another table at a restaurant
- 17 Put away carts in the grocery store parking lot
- 18 Create blessings bags & put them in your car to deliver when you see someone in need
- 19 Deliver handmade cards to a local nursing home
- 20 Pick up trash at a local park

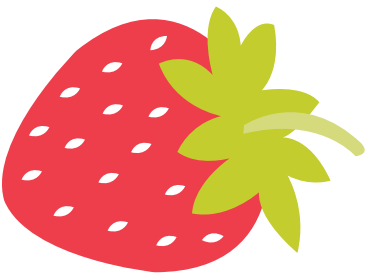
the
FRUIT
of the Spirit

bonus
ACTIVITIES

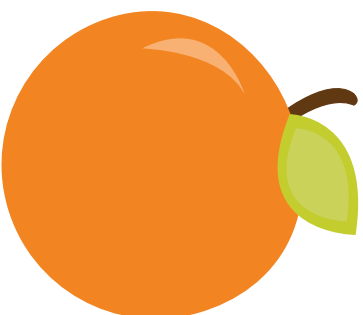


FRUIT OF THE SPIRIT MATCHING GAME

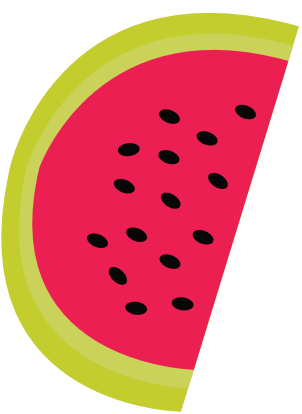
Assembly: Print out the 2 copies of the Fruit of the Spirit Matching Game PDF. We prefer using heavy cardstock so that you can't see through the cards). Cut out the squares. Laminate for added durability.
How to play: Mix up the cards and lay them in rows face down. Turn over two cards. If they match, keep them. If they don't match turn them back over. Continue taking turns with other players until all the cards have been matched.



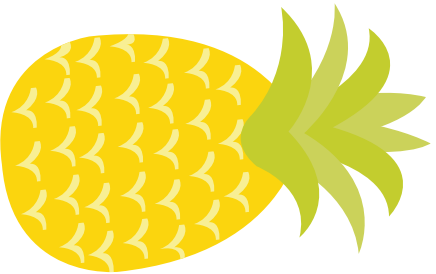
LOVE



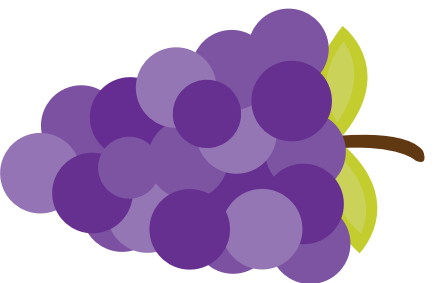
JOY



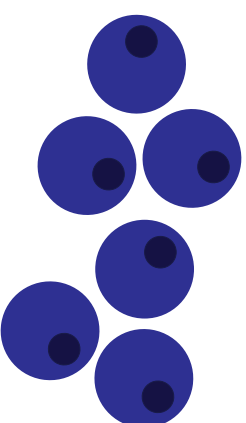
PEACE



PATIENCE



KINDNESS

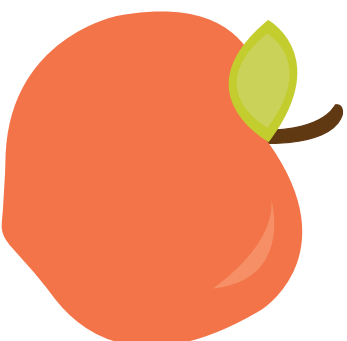


GOODNESS

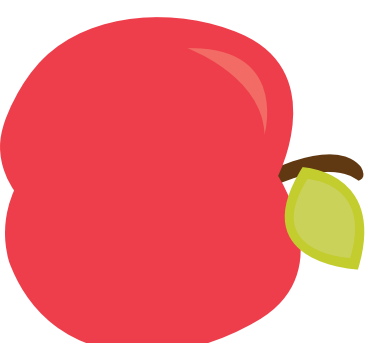
FRUIT OF THE SPIRIT MATCHING GAME



FAITHFULNESS



GENTLENESS



SELF-CONTROL

the
FRUIT
of the Spirit



the
FRUIT

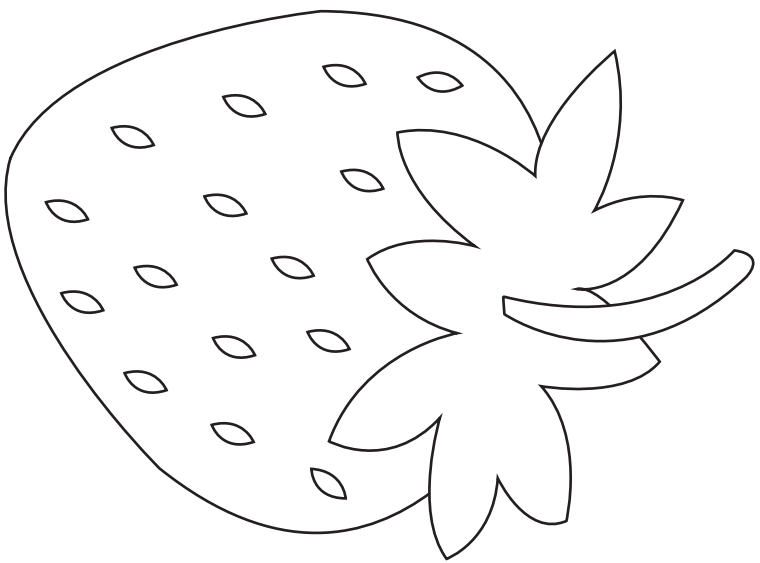
of the Spirit is

LOVE JOY
PEACE PATIENCE
KINDNESS
GOODNESS
FAITHFULNESS
GENTLENESS
SELF-CONTROL

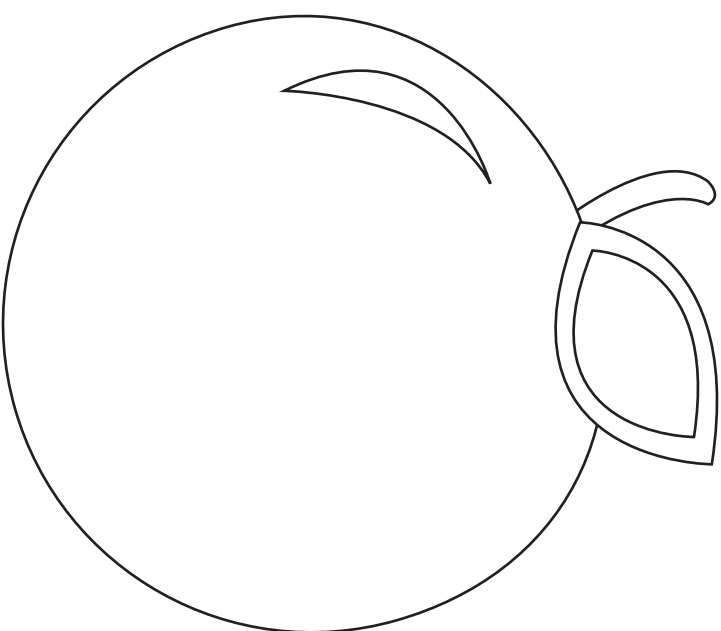
Galatians 5:22-23

FRUIT OF THE SPIRIT BANNER

Print on heavy cardstock. Color with crayons, markers, or colored pencils, cut each banner piece out with scissors. Punch two holes in the top two corners of each banner piece and hang up with string or ribbon.



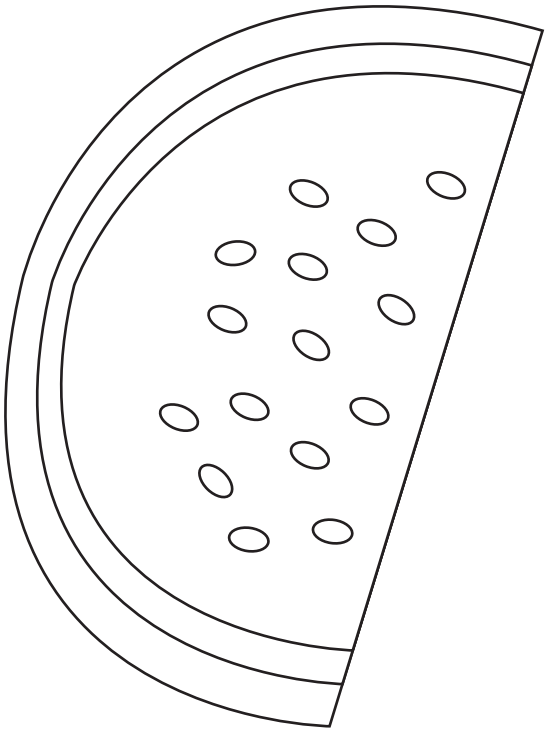
LOVE



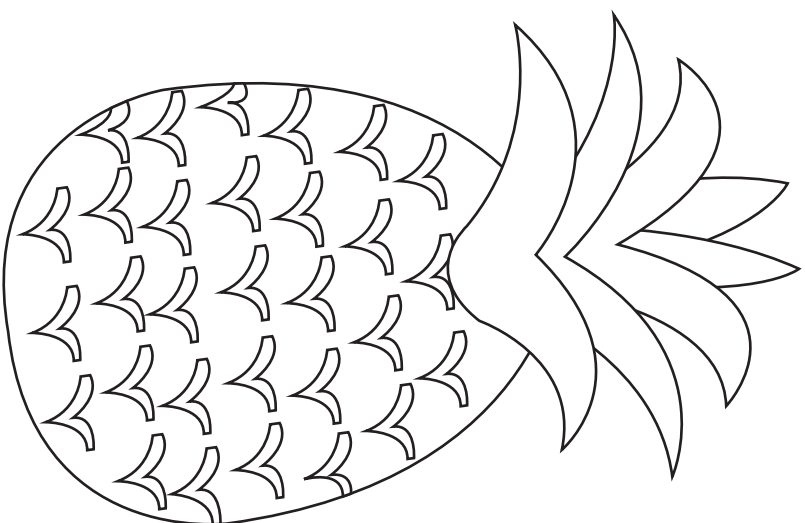
JOY

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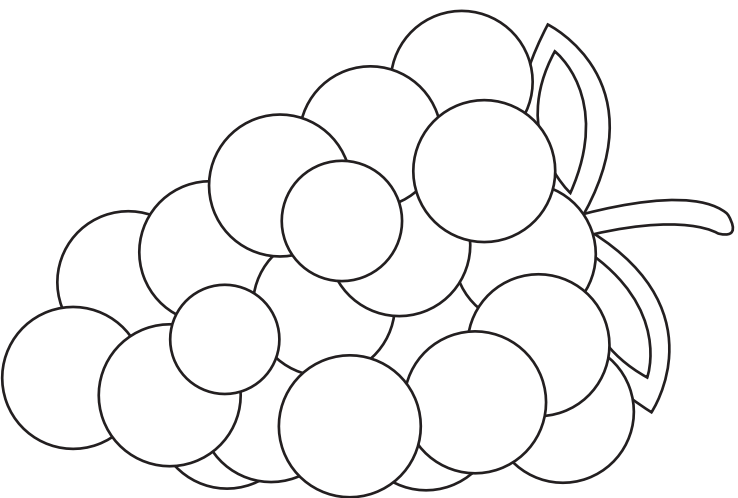
PEACE



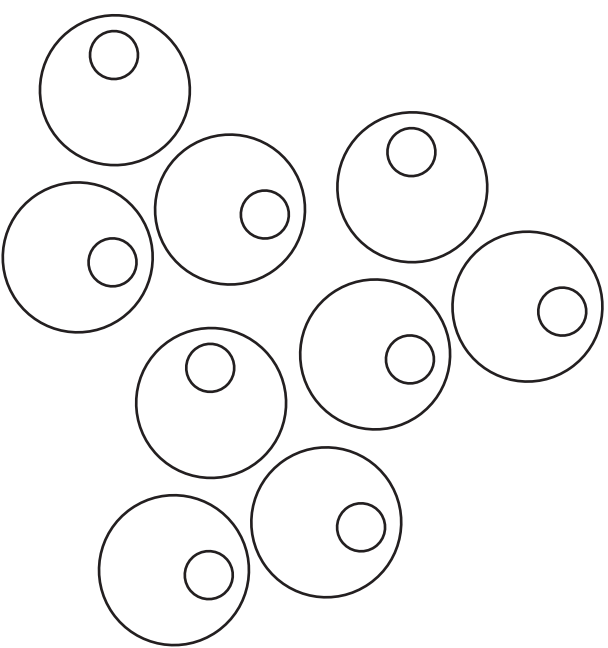
PATIENCE

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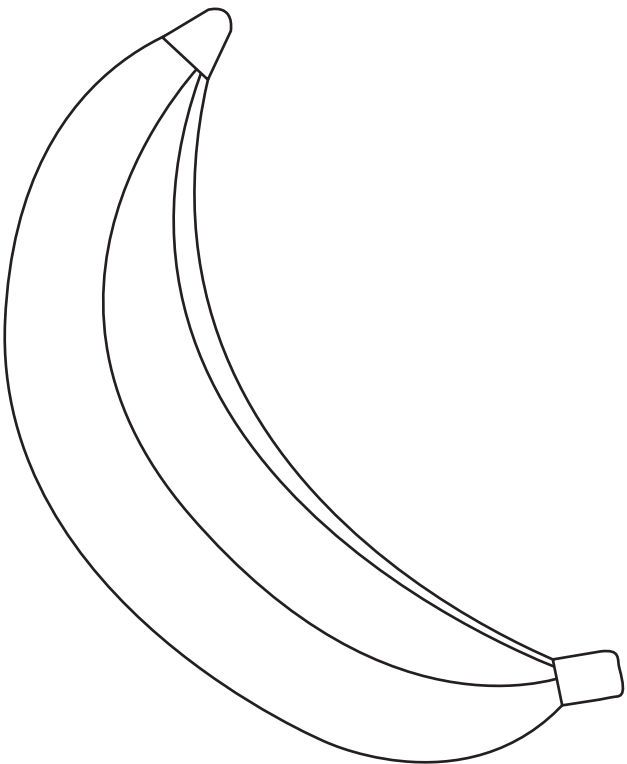
KINDNESSES



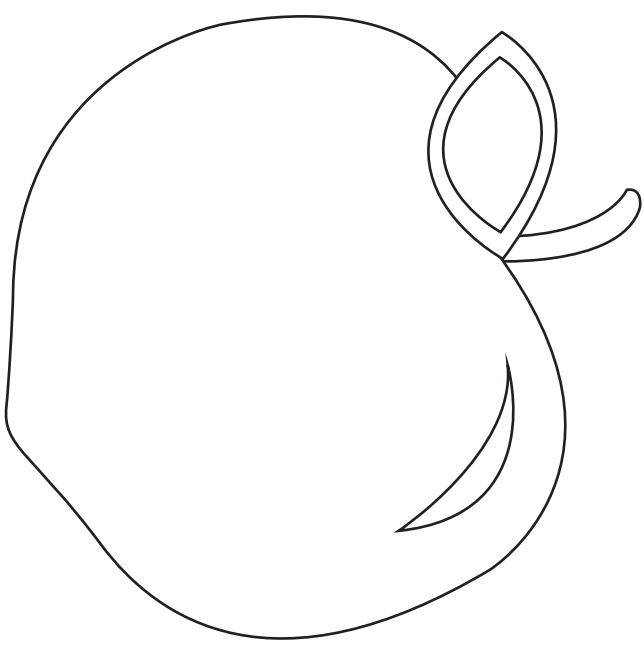
GOODNESSES

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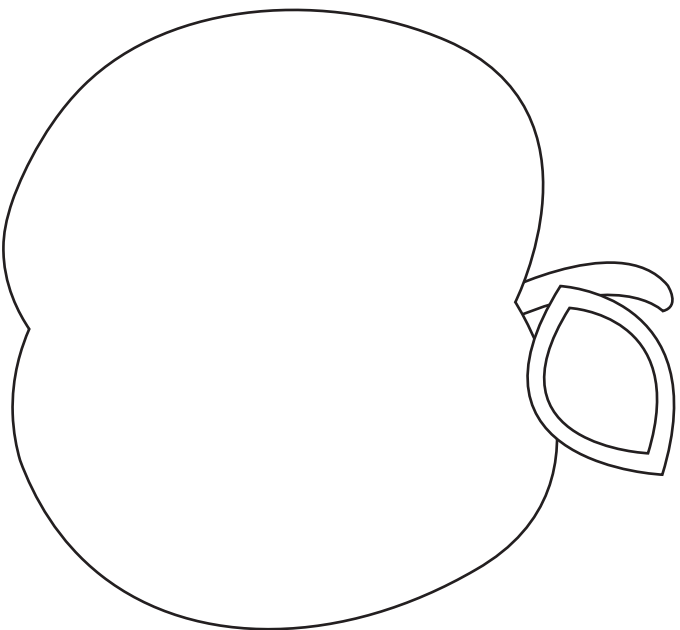
FAITHFULNESS



GENTLENESS

FRUIT OF THE SPIRIT BANNER

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SELF-CONTROL

the
FRUIT
of the Spirit is

the
FRUIT
of the Spirit

*parent
connect + reflect
and verse*

CARDS



PARENT CONNECT + REFLECT CARD



CONNECT + REFLECT

Fruit of the Spirit:

LOVE

MAIN IDEA

I was created to love God and love others.

DEFINITION

Love is patient, kind, rejoices over truth. Love always trusts, hopes, and perseveres. It is NOT jealous, it doesn't brag, it isn't proud, rude, selfish, angry, and it takes no pleasure in evil.

VERSE

We love because he first loved us.
1 John 4:19, ESV

READ

The Crucifixion (Matthew 27)
Jesus Storybook Bible: The Sun Stops Shining

ADDITIONAL SCRIPTURE

John 3:16
John 15:9-15
1 Corinthians 13
Luke 10:25-27
1 John 3:18

LET'S TALK ABOUT IT

1. Why did Jesus die on the cross?
2. How are we able to love God and love others?
3. How can we show God's love to others through our actions this week?

PARENT CONNECT + REFLECT CARD

CONNECT + REFLECT

Fruit of the Spirit:

JOY

MAIN IDEA

I am filled with joy when I spend time with God.

DEFINITION

Joy is a God given gladness that doesn't change if good or bad things happen in my day. Joy comes from being with God and I can be joyful even in unhappy moments.

VERSE

You make known to me the path of life; you will fill me with joy in your presence, with eternal pleasures at your right hand.
[Psalm 16:11, NIV]

READ

The Shepherds & The Angels (Luke 2)
Jesus Storybook Bible: The Light of the World

ADDITIONAL SCRIPTURE

Psalm 5:11
Psalm 47:1
Romans 15:13
Philippians 4:4

LET'S TALK ABOUT IT

1. How are we filled with joy?
2. What good news of great joy did the angels tell the shepherds about?
3. How can we share the joy we have in our hearts with others who need it?

CONNECT + REFLECT

Fruit of the Spirit:

PEACE

MAIN IDEA

I can have true peace by trusting in God. His peace helps me to not be afraid or worried about anything.

DEFINITION

Peace is freedom from being afraid or worried because God is in control of the whole world.

VERSE

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and minds in Christ Jesus.
[Philippians 4:6-7, NIV]

READ

Jesus Calms the Storm (Mark 4:35-41)
Jesus Storybook Bible: The Captain of the Storm

ADDITIONAL SCRIPTURE

Colossians 3:15
John 14:27
John 16:33

LET'S TALK ABOUT IT

1. How can we have peace?
2. The disciples were afraid of the storm, what are some things that make you feel afraid?
3. We can talk to God and ask for peace when we are afraid. What are some ways we can share His gift of peace with others?

PARENT CONNECT + REFLECT CARD

CONNECT + REFLECT

Fruit of the Spirit:

PATIENCE

MAIN IDEA

I can be patient and wait cheerfully with God's help.

DEFINITION

Patience is waiting with a cheerful and calm heart. It is being able to wait to do things instead of doing what I want to do right now. Patience is giving grace to others (even people that aren't easy to get along with) and loving them even when they make mistakes.

VERSE

Always be humble and gentle. Be patient with each other, making allowance for each other's faults because of your love. [Ephesians 4:2, NLT]

READ

Abraham and Sarah (Genesis 12-21)
Jesus Storybook Bible: Son of Laughter

ADDITIONAL SCRIPTURE

Proverbs 15:18
1 Timothy 1:15-16
2 Peter 3:9
James 5:7-8

LET'S TALK ABOUT IT

1. Abraham and Sarah had to wait a long time (90+ years!) to have a baby. What is something you have had to wait a really long time for?
2. Sometimes it's hard to be patient with others, but God is always patient with us and helps us. Talk about a time when you were patient with someone else.
3. How can God help us when we wait?

CONNECT + REFLECT

Fruit of the Spirit:

KINDNESS

MAIN IDEA

I can be kind and value others above myself because God shows me how.

DEFINITION

Kindness is love lived out. It is valuing others above myself by being friendly, loving, thoughtful, and considerate. When I am kind I really see others around me and look for opportunities to serve them like Jesus.

VERSE

Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of others. [Philippians 2:3-4, NIV]

READ

Zacchaeus (Luke 19)
Jesus Storybook Bible:
The Man Who Didn't Have Any Friends (None)

ADDITIONAL SCRIPTURE

Proverbs 12:25
Jeremiah 9:24
Ephesians 4:32
Luke 6:27-36
Titus 3:4-5

LET'S TALK ABOUT IT

1. Have you ever done anything kind for a friend?
2. Who does Jesus say we should be kind to?
3. It's easy to be kind to our friends, but how do we show kindness to someone who is mean?
4. How can we be more like Jesus and love the people around us through acts of kindness?

PARENT CONNECT + REFLECT CARD

CONNECT + REFLECT

Fruit of the Spirit:

GOODNESS

MAIN IDEA

God is good and loving to me all the time. Only His power working in me can create goodness in my heart.

DEFINITION

Goodness models Christ's actions of love, humility, and forgiveness. It shows integrity, honesty, and compassion towards others. It is only possible through God's power at work in my heart. Creation reflects God—His nature, character, and goodness.

VERSE

For it is God who works in you to will and to act in order to fulfill his good purpose.
[Philippians 2:13, NIV]

READ

Days of Creation (Genesis 1-2)
Jesus Storybook Bible:
The Beginning A Perfect Home

ADDITIONAL SCRIPTURE

Psalms 34:8
Ephesians 5:8-10
James 1:17
2 Peter 1:3

LET'S TALK ABOUT IT

1. Only God is truly good. What are some good and loving things that God does?
2. When God spoke creation into being He said that it was good. How do you see God's goodness shown in creation?
3. How can we share God's goodness with others?

CONNECT + REFLECT

Fruit of the Spirit:

FAITHFULNESS

MAIN IDEA

God will never stop loving me or break His promises. I can be faithful to Him & other people, because He perfectly shows me how to be faithful.

DEFINITION

Faithfulness is being dependable, trustworthy, and loyal in my relationship with God and with other people.

VERSE

For the word of the Lord is right and true; he is faithful in all he does.
[Psalm 33:4, NIV]

READ

The Flood & God's Covenant with Noah
(Genesis 7-9)
Jesus Storybook Bible: A New Beginning

ADDITIONAL SCRIPTURE

Deuteronomy 32:3-4
Psalm 57:10
Psalm 145:13
Proverbs 3:3

LET'S TALK ABOUT IT

1. Have you ever made a promise that you didn't keep? Has someone ever broken a promise to you? How did that make you feel?
2. God had a rescue plan for Noah. People told him that it was a pretty crazy plan. But He chose to obey and believe that God would never break His promises. Have you ever obeyed God out of faith even when it wasn't what everyone else was doing?
3. How can we be faithful and reflect God's faithfulness to others?

PARENT CONNECT + REFLECT CARD

CONNECT + REFLECT

Fruit of the Spirit:

GENTLENESS

MAIN IDEA

I can be loving, tender, calm & humble in the things I say and do.

DEFINITION

Gentleness is being loving, tender, calm, and humble in the things you say and do instead of being harsh or mean. It is a mildness or meekness (quiet, gentle) of spirit. When I am gentle with someone I speak the truth in love.

VERSE

A gentle answer turns away wrath, but a harsh word stirs up anger.
[Proverbs 15:1, NIV]

READ

Psalm 23
Jesus Storybook Bible: The Good Shepherd

ADDITIONAL SCRIPTURE

Proverbs 16:24
Ephesians 4:2
Philippians 4:5
Colossians 3:12

LET'S TALK ABOUT IT

1. What kind of shepherd does the Bible say Jesus is?
2. How did Jesus lay down His life for us just like a shepherd does for His sheep?
3. Our Good Shepherd is patient and gentle, loving and kind. He goes after us when we run away or choose to disobey. How can we learn to hear His voice and follow His example by being gentle and kind to our friends, family, and people we meet?

CONNECT + REFLECT

Fruit of the Spirit:

SELF-CONTROL

MAIN IDEA

I can choose to control my actions, words, & responses.

DEFINITION

Self-Control is saying no to things that are not good for me and yes to what is good for me with the help of the Holy Spirit. It means listening and acting how God wants me to rather than reacting or doing what I want to. It means fighting against the temptation to sin and keeping my emotions, thoughts, and actions in control.

VERSE

For God gave us a spirit not of fear but of power and love and self-control.
[2 Timothy 1:7, ESV]

READ

The Fall of Man (Genesis 3)
Jesus Storybook Bible: The Terrible Lie

ADDITIONAL SCRIPTURE

Proverbs 25:28
Hebrews 4:15
2 Corinthians 12:9
1 Peter 5:8

LET'S TALK ABOUT IT

1. Did Adam and Eve choose self-control & obedience or did they believe the lies of the serpent and choose to disobey and sin against God?
2. When are you tempted to lose self-control?
3. Read Matthew 4:1-11. How can we use God's truth found in the Bible to fight against the lies of the enemy and help us control our words, actions, and responses?

FRUIT OF THE SPIRIT VERSE CARDS

**WE LOVE
BECAUSE
HE FIRST
LOVED US.**

1 JOHN 4:19, ESV

**YOU MAKE KNOWN TO ME
TO ME THE PATH OF LIFE;
YOU WILL FILL ME WITH JOY
IN YOUR PRESENCE,
WITH ETERNAL PLEASURES
AT YOUR RIGHT HAND.**

PSALM 16:11, NIV

**DO NOT BE ANXIOUS ABOUT
ANYTHING, BUT IN EVERY
SITUATION, BY PRAYER AND
PETITION, WITH THANKSGIVING,
PRESENT YOUR REQUESTS
TO GOD. AND THE PEACE OF
GOD, WHICH TRANSCENDS
ALL UNDERSTANDING,
WILL GUARD YOUR HEARTS
AND MINDS IN CHRIST JESUS.**

PHILIPPIANS 4:6-7, NIV

**ALWAYS BE HUMBLE
AND GENTLE,
BE PATIENT WITH
EACH OTHER,
MAKING ALLOWANCE
FOR EACH OTHER'S
FAULTS BECAUSE
OF YOUR LOVE.**

EPHESIANS 4:2, NLT

FRUIT OF THE SPIRIT VERSE CARDS

DO NOTHING OUT OF
SELFISH AMBITION OR
VAIN CONCEIT. RATHER, IN
HUMILITY **VALUE OTHERS
ABOVE YOURSELVES,**
NOT LOOKING TO YOUR
OWN INTERESTS BUT EACH OF
YOU TO THE INTERESTS
OF OTHERS.

PHILIPPIANS 2:3-4, NIV

FOR IT IS GOD
WHO WORKS IN YOU
TO WILL AND TO
ACT IN ORDER
TO FULFILL HIS
GOOD PURPOSE.

PHILIPPIANS 2:13, NIV

FOR THE WORD
OF THE LORD IS
RIGHT AND TRUE;
HE IS FAITHFUL
IN ALL HE DOES.

PSALM 33:4, NIV

A GENTLE ANSWER
TURNS AWAY WRATH,
BUT A HARSH WORD
STIRS UP ANGER.

PROVERBS 15:1, NIV

FRUIT OF THE SPIRIT VERSE CARDS

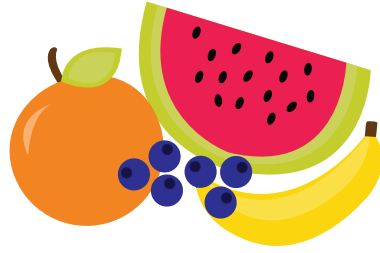
FOR GOD GAVE
US A SPIRIT
NOT OF FEAR
BUT OF POWER
AND LOVE AND
SELF-CONTROL.

2 TIMOTHY 1:7, ESV

BUT **THE FRUIT OF
THE SPIRIT** IS LOVE,
JOY, PEACE, PATIENCE,
KINDNESS, GOODNESS,
FAITHFULNESS, GENTLENESS,
SELF-CONTROL; AGAINST
SUCH THINGS THERE
IS NO LAW.

GALATIANS 5:22-23, ESV

EXTRA RESOURCES



Looking for more tools to teach your kids about the fruit of the Spirit and point them to Jesus? I've put together a list for you of additional resources you might be interested in. It includes movies, videos, books, songs, and more!

Find the list here:

<http://thelittlesandme.com/fruitofthespiritresources>

As I find additional resources that I think you'll be interested in, I will add them to the page I shared above, so be sure to check back occasionally for updates.

Enjoy!